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Ventura County Events

Ventura 5K Color Run

November 18, 2017

Time: 8:00am

Cost: Starting at \$34.99 for individuals older than 5

17th Annual Dia de los Muertos Celebration

November 5

11:00am - 4:00 pm

*Museum of Ventura County,
100 East Main Street
Ventura*

Admission is FREE

Ventura County Farm Day

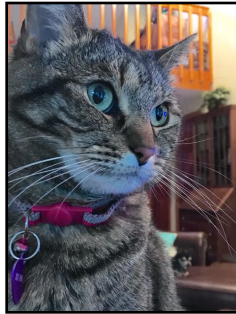
November 3rd & 4th

Free Admission to 20+ Farms

10am to 3pm

For more info:

www.venturafarmday.com



Seven Reasons To Own A Pet

Pets require attention and dedication, but those are small prices to pay for the amount of physical and mental benefits they bring into our lives. If you are debating getting one, then the following reasons you should have a pet will likely have you heading out and searching for your next furry (or not so furry) addition to your home.

1. Pets Help Reduce Stress

It has become very apparent that stress affects our mental and physical health and our world has become more stressful than ever. We live in a fast-paced world which demands our attention and can easily wear us out. There are certain methods to reduce stress, but one of the best is to own a pet. Pets provide support like a best friend because they are always available to listen (without judgement), which can help you unload after a hectic day.

2. Pets Provide Constant And Loving Companionship

People are not always around when you need them, but pets are. They are constantly giving off love and gratitude, and they are happy to be in your presence. You can be yourself around pets. You can dance silly or talk silly, and they will not judge you. In fact, depending on the pet they will love the silliness and get silly themselves. Of course, unconditional love like that is a good stress reliever, but constant companionship with a loving being has been shown to improve health in many other ways.

3. Pets Provide Entertainment

Pets are a great source of entertainment. They are living creatures that have habits, quirks, and personalities that can keep you laughing for hours. The best part is that pet's personalities can distract you from issues you are having, cause you to engage in more heart-healthy laughter, and keep boredom away.

For Lease

Moorpark \$2150

581 Spring Rd #57

3 Bedroom, 2 Bath

1030 Sq. Ft. Available 11/1/17

Simi Valley \$2800

539 Yarrow Dr

4 Bedroom, 2.5 Bath

1743 Sq. Ft. Available 12/1/17

Newbury Park

208 Cay Crt

3 Bedroom, 3 Bath

2041 Sq. Ft. Available 12/1/17

Simi Valley \$2950

4315 Eileen St #4

3 Bedroom, 3 Bath

2271 Sq. Ft. Available 11/1/17

Thousand Oaks \$2250

514 Gainsborough Rd.

2 Bedroom, 1 Bath

905 Sq. Ft. Available 11/26/17

Just Sold!

7440 Tyrone Ave

Van Nuys, CA

\$530,000

***For more information
regarding the above
properties or if you are
considering buying or selling
a home, please contact:
Chris Marsh
805 630-4925***



**Like us on
Facebook**

Seven Reasons To Own A Pet (Continued)

4. Pets Give You Something To Be Responsible For

No matter what type of pet you get, it will require you to take care of it. Being responsible for another living being can help you be more responsible in the rest of your life too. This is especially true for kids who are learning the value of routine and good habits. However, adults can benefit from the consistent responsibility as well.

5. Teaches You To Be More Compassionate

Love and compassion are necessities, not luxuries. Without them humanity cannot survive." Dalai Lama . We need more compassion in our lives, both self-compassion and compassion towards others. Owning a pet who depends on you for survival, good health, and happiness, can definitely cause you to become a more compassionate person. You have to look outside of your own wants and needs, and look into their wants and needs.

6. Pets Increase Your Ability To Read Nonverbal Communication

A pet cannot speak, so you have to be able to read their cues and body language. You will be amazed at how this ability can transfer into your daily life with other people. It is said that almost 90% of communication is nonverbal. Having a good grasp on it can help you have better relationships both in your personal and work life. This can benefit your happiness and financial future.

7. Pets Can Sense Danger

We all know that dogs will bark when they sense someone near the house, and that can be very good for home security. No matter what kind of pet you get, animals seem to have a sense of danger that we don't always have, and a pet just may save your life!

It's Time To Fall Back!

Sunday, November 5th

On Sunday, Nov. 5, when daylight saving time is about to reach 2 a.m. local time, turn your clocks back one hour to 1 a.m. The easiest way to handle it? Change all your clocks before bed.

Sunrise and sunset will be about an hour earlier on Nov. 5 and there will be more light in the morning.

Member of the National Association of Residential Property Managers

